

**Play** 



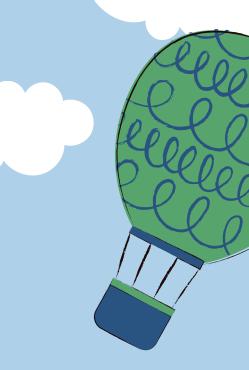
Take a Deep Breath In Pretend to Blow the Clouds Away

## Float Your Worries Away

In each empty cloud, write an activity that relaxes you.

Find Animal Shapes in the Clouds





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